

SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY

SAULT STE. MARIE, ON

COURSE OUTLINE

COURSE TITLE: **HOMEMAKERS & THEIR CLIENTS**

CODE NO.: **HSW 023** SEMESTER:

PROGRAM. **HOME SUPPORT WORKER LEVEL II**

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APPROVED:  **DEAN** *-At^A^C^*  **SCHOOL OF HEALTH SCIENCES**

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DATE

HOMEMAKERS & THEIR CLIENTS

HSW 023

COURSE NAME

CODE NO.

TOTAL CREDIT HOURS: 60

PREREQUISITES):

I. PHILOSOPHY/GOALS:

This course is intended to give Home Support Workers an overview of the relationship between the Homemaker Service, the Health and Social Services team and agencies which purchase Homemaker services. The role of the Home Support Workers in the health care system is examined through a discussion of the skills necessary. The student will be introduced to various client groups and human behaviors. Communication techniques will be explored utilizing an experiential approach. Emergency First Aid is part of this course.

II. STUDENT PERFORMANCE OBJECTIVES-

Upon successful completion of this course the student will:

1. Participate on the home service team by contributing to the assessment of the client needs and to the development of an appropriate plan of care.
2. Work with children and adults at all stages of growth and development.
3. Effectively utilize technique of communication.
4. Meet the needs of safety and protection in the home.
5. Report observations using appropriate channels.
6. Assist in meeting the needs of clients with chronic illness.
7. Assist the terminally ill client and family

III. TOPICS TO BE COVERED:

1. Overview
2. The Health and Social Services Team
3. Homemaker Skills
4. Growth and Development
5. The Family
6. Stress
7. Substance Abuse
8. Family Violence
9. Reactions to Illness and/or Dependence
10. Encouraging Independence
11. Children and the Elderly
12. Relating to Client
13. Acutely & Chronically Ill Clients
14. Confused Clients
15. Terminally Ill Clients
16. Personal Feelings Towards Death & Dying
17. Emergency First Aid

IV. LEARNING ACTIVITIES	REQUIRED RESOURCES
<p>1.0 Overview</p> <p>Upon successful completion of this module the individual will be able to:</p> <p>1.1 State the aims of the Homemaker Service.</p> <p>1.2 Define the terms Homemaker /Home Support Worker Homemaker Supervisor.</p>	<p>Study Guide pg 6</p> <p>Study Guide pg 7</p>
<p>2.0 Health & Health Services Team</p> <p>Upon successful completion of this module the individual will be able to:</p> <p>2.1 Define the roles of the members of the Health and Social Services Team.</p> <p>2.2 Describe the agencies which purchase the services of Home Support Workers.</p>	<p>Study Guide pgs 9,10,11</p> <p>Study Guide pgs 11,12,13</p>
<p>3.0 Homemaker Skills</p> <p>Upon successful completion of this module the individual will be able to:</p> <p>3.1 Describe why Home Support Workers should be able to adapt easily to change and be able to listen well.</p> <p>3.2 Describe what Home Support Workers should report and to whom they should report.</p> <p>3.3 List the steps to follow in observing clients.</p> <p>3.4 Describe the process involved in assessing client needs.</p>	<p>Study Guide pgs 15,16</p> <p>Study Guide pgs 17,18</p> <p>Study Guide pgs 20,21,22</p> <p>Study Guide pgs 22,23</p>

LEARNING ACTIVITIES	REQUIRED RESOURCES
<p>3.5 Demonstrate effective communication through role play.</p> <p>3.6 Describe methods and techniques to effective communication.</p> <p>3.7 Identify blocks to communication.</p> <p>3.8 Assess personal communication skills.</p> <p>3.9 Describe reactions to clients expression of anger, hostility and withdrawal.</p>	<p>Study Guide pgs 24 to 34 Exercises 1-pg 35 Exercises 2-pg 37 Skill Labs</p>
<p>4.0 Growth and Development</p> <p>Upon successful completion of this module the individual will be able to:</p> <p>4.1 Describe the process of growth and development.</p> <p>4.2 Identify factors which influence growth and development.</p> <p>4.3 Identify the affect of growth and development on behavior.</p> <p>4.4 Identify the basic needs of all humans.</p> <p>4.5 Identify needs and problems that arise at particular stages (ie frail elderly).</p> <p>4.6 Identify specific client needs.</p> <p>4.7 Discuss methods of meeting needs.</p> <p>4.8 Describe collaboration with team members.</p> <p>4.9 Describe the role of the Home Support worker in implementing a plan to meet the need.</p> <p>4.10 Assist in the evaluation of a plan.</p>	<p>Study Guide pgs 49, 50, 51, 52</p> <p>Study Guide pgs 53, 54, 55</p>

LEARNING ACTIVITIES	REQUIRED RESOURCES
<p>5.0 The Family</p> <p>Upon successful completion of this module the individual will be able to:</p> <p>5.1 Describe how families influence behaviour.</p> <p>5.2 Identify the reasons for conflict between family members.</p>	<p>Study Guide pg 57</p> <p>Study Guide pg 58</p>
<p>6.0 Stress</p> <p>Upon successful completion of this module the individual will be able to:</p> <p>6.1 Define the term "stress".</p> <p>6.2 Describe why stress is a fact of life.</p> <p>6.3 Identify the effects of stress on children and adults.</p> <p>6.4 Describe ways to deal with stress personally.</p> <p>6.5 Describe ways to help a client handle stress.</p> <p>6.6 Describe negative and positive aspects of stress.</p>	<p>Study Guide pg 60</p> <p>Study Guide pgs 60, 61</p> <p>Study Guide pgs 61, 62</p> <p>Study Guide pgs 63, 64</p> <p>Study Guide pg 65</p>
<p>7.0 Substance Abuse</p> <p>Upon successful completion of this module the individual will be able to:</p> <p>7.1 Describe the effect of substance abuse.</p> <p>7.2 Identify the possible effect of long term substance abuse.</p>	<p>Study Guide 69</p>

LEARNING ACTIVITIES	REQUIRED RESOURCES
7.3 Define the term "alcoholic" and name organizations which assist alcoholics and their families.	Study Guide pg 70
7.4 Explain why the elderly are at risk of abusing alcohol and drugs.	Study Guide pg 72
7.5 Describe the behaviors of those misusing alcohol and/or drugs.	Study Guide pg. 74
8.0 Family Violence	
Upon successful completion of this module the individual will be able to:	
8.1 Define abuse and common causes of abuse.	
8.2 Describe what is meant by child abuse.	Study Guide pgs 76,77
8.3 Identify the symptoms of child abuse.	Study Guide pgs 77,78, 79,80
8.4 State the reason why a man may abuse his wife.	Study Guide pgs 81, 82
8.5 Describe what is meant by abuse of the elderly.	Study Guide pgs 82,83
8.6 Identify elderly people who may be especially at risk of being abused and identify the symptoms of abuse.	Study Guide pg 83
8.7 Discuss the influence of attitudes on ability to recognize and cope with a situation.	
8.8 Describe the legal responsibilities in reporting suspected abuse.	
9.0 Reactions to Illness and/or Dependence	
Upon successful completion of this module the individual will be able to:	

LEARNING ACTIVITIES	REQUIRED RESOURCES
9.1 Identify the emotional reactions clients may have to being ill and/or dependent.	Study Guide pgs 95,96,97,98,99,100
9.2 Describe depression and its symptoms.	Video "Who's the Chairperson?" Study Guide pgs 103, 104
9.3 Describe the relationship between depression and suicide.	Study Guide pgs 104, 105, 106
9.4 Describe reactions to depression.	
9.5 Identify methods of coping with depression.	Study Guide pgs 104, 105, 106
9.6 Display positive attitudes when working with depressed clients.	
9.7 Describe the HSW's role with clients experiencing behavior changes.	
9.8 Describe the reporting responsibilities to agencies regarding behavior changes.	
9.9 Describe the physical problems which can result from lack of movement of the body.	Study Guide pgs 107, 108
9.10 Identify the effects of various care measures on the different body systems.	Study Guide pgs 109, 110 Exercise pg 112
10.0 Children and the Elderly	
Upon successful completion of this module the individual will be able to:	
10.1 Describe basic care measures for children.	Study Guide pgs 113, 114, 115
10.2 Outline physical and social effects of aging.	Study Guide pgs 115, 116, 117, 118

LEARNING ACTIVITIES

- 10.3 Describe how Home Support Workers can assist the elderly in meeting their needs.

REQUIRED RESOURCES

Study Guide pgs 118, 119
Exercise pg 123, 124

11.0 Acutely & Chronically Ill Clients

Upon successful completion of this module the individual will be able to:

- 11.1** Define the term acute and chronic illness.

Study Guide pg 125

- 11.2** Identify major characteristics of common illnesses Home Support Workers may encounter

Alzheimers Study Guide pg 126
Arthritis Study Guide pgs 127
Cancer Study Guide pgs 128, 129
Diabetes Study Guide pgs 129, 130
Emphysema Study Guide pgs 130,
131
Heart Attack Study Guide pg 132
Multiple Sclerosis Study Guide pg
134
Parkinson's Disease Study Guide pg
135, 136
Stroke Study Guide Pgs 137, 138
Video -I Think I Cry Everyday

11.3 Describe the affects of illness on the lifestyle of client and family.

- 11.4** Describe the affects of illness on activities of daily living (ADL).

- 11.5** describe the role of the Home Support Worker in assisting clients with chronic illness to carry out ADL.

LEARNING ACTIVITIES	REQUIRED RESOURCES
<p>12.0 Confused Clients</p> <p>Upon successful completion of this module the individual will be able to:</p> <p>12.1 List the characteristics of confusion.</p> <p>12.2 Identify the various causes of confusion.</p> <p>12.3 Describe care guidelines and methods of stimulating mental activity.</p> <p>12.4 Describe dementia and related behaviors.</p> <p>12.5 Describe reactions and methods of coping with clients with senile dementia.</p>	<p>Study Guide pg 143</p> <p>Study Guide pgs 144</p> <p>Study Guide pgs 144,145,146,147</p>
<p>13.0 TERMINALLY ILL CLIENTS</p> <p>Upon successful completion of this module the individual will be able to:</p> <p>13.1 Identify the stages in the grieving process.</p> <p>13.2 Describe the special emotional and physical needs of those who are dying.</p> <p>13.3 Express your own attitudes and feelings on dying.</p> <p>13.4 Describe the effect of attitudes on the workers ability to cope.</p> <p>13.5 Describe and identify family responses to terminal illness.</p> <p>13.6 Describe possible reactions to death of a family member.</p>	<p>Study Guide pgs 149, 150, 151</p> <p>Study Guide pgs 152, 153</p> <p>Study Guide pg 155 Video 'Death &c Dying' Exercise Study Guide pgs 159, 160, 161</p>

LEARNING ACTIVITIES

REQUIRED RESOURCES

13.7 Describe the Home Support Workers role and response to a clients dying and death.

14.0 Emergency First Aid

V. EVALUATION METHODS: (INCLUDES ASSIGNMENTS, ATTENDANCE REQUIREMENTS ETC.)

Students are expected to attend all of the sessions in order to be evaluated fairly and accurately. Full attendance is essential for maximum benefits to the students.

Evaluation will be based upon attendance, participation, willingness to demonstrate skills and to contribute to the overall effort of all the students.

Grading

Attendance & Participation	50%
Assignment	25%
Test	25%

Assignment

Each student will be expected to write a short (one page) case study on a client exhibiting one of the common illnesses.

VI. LEARNING RESOURCES:

Study Guide